WEST HENRIETTA BAPTIST CHURCH 1815-2017 THE LINK

SEPTEMBER 2017

"Keep The Energy Alive During The Summer Weekends"

To all God's beloved in Rome [West Henrietta], who are called to be saints:

Grace to you and peace from God our Father and the Lord Jesus Christ.

So much is going on in the world, our nation, our local communities and our personal lives that cause us to be anxious. I believe there is evidence to declare that we live in an age of anxiety. Everywhere we turn, people are worried about something. Whether it's personal concerns, family matters, financial needs, health issues, governmental policies, or global conditions, we all have reasons to worry and fret. It's not unusual to feel anxious, when you perceive there is a real threat to your or a loved one's safety, security and welfare.

We may feel nervous when faced with a problem at work, before taking a test, or before making an important decision. There are people who suffer with what is called social anxiety disorder. This is when people feel overwhelming worry and self-consciousness about everyday social situations. They fixate about others judging you or on being embarrassed or ridiculed. We take our worries to bed with us, wake up with them, and carry them around with us all day. The truth is that Christians are not exempt or immune to anxiety.

A brief summation of the causes of anxiety are as follows:

- Our attempt to change things we cannot control.
- Our failure to trust God to provide our needs.
- Misplaced priorities.
- Trying to live tomorrow today.

The following questions may be used to test whether you are experiencing anxiety and fear:

Do you worry and are you fearful much of the time?

Do you feel anxious, wound up, tense and restless, easily fatigued and worn-out, or have concentration and attention problems, or difficulty staying or falling sleep?

Do you anticipate impending doom, even when there is little basis to your fears?

- Do you struggle to regain control, or relax, or cope with your symptoms, but to no avail? Are your symptoms unrelated to another mental disorder?
- Do your symptoms cause you significant distress or problems functioning in your relationships, job, and other areas of your life, and these symptoms are not due to a substance or medical issue?

Dr. Charles Stanley makes the following two points:

To overcome worry, we ought to adopt an attitude of joy and thankfulness.

There are so many things for which we can thank God. When we focus on these things, God's peace guards our hearts and minds no matter how difficult our circumstances may be.

The call of God never takes us where the grace of God cannot sustain us.

He has promised to meet all our needs and to guard us with His peace and joy. God wants to settle our hearts in such a way that we can live with the stresses of life yet still experience His peace and joy.

I offer to you the living words of Jesus:

Peace I leave with you;
My peace I give you. I do not give
to you as the world gives,
Do not let your hearts be troubled
and
Do Not Be Afraid.
St. John 14:27

Rev. Dr. Peter E. Gríníon Pastor

Worship Servants

SEPTEMBER 3rd

Invocation: Betty Heisig Scripture: Anne Greco Offering: Betty Heisig

Children's Moment: Marti Spaker

Greeter: Chris Stats Nursery: BOCE

Fellowship: Gretchen Young

SEPTEMBER 10th

Invocation: Rev. Clara White Scripture: Bonnie Healy Offering: Rev. Clara White

Children's Moment: Marti Spaker

Greeter: Chris Stats Nursery: BOCE

Fellowship: Roberta Miller

SEPTEMBER 17th

Family Sunday

Invocation: Leanna Shirley Scripture: Connie Voss Necaster

Offering: Leanna Shirley

Children's Moment: Marti Spaker

Greeter: Chris Stats Nursery: BOCE Fellowship: Pot Luck

SEPTEMBER 24th

Invocation: Betty Heisig Scripture: Valerie Bandemer Offering: Betty Heisig Children's Moment: ??

Greeter: Chris Stats Nursery: BOCE

Fellowship: Leanna Shirley





The Annual Church Retreat

When — October 14, 2017 Time — 9:00 A.M to 5:00 P.M.

Where— Mercy Prayer Center

Theme — Growing Ourselves to Grow Our Church

Please save this date — the more of us attend the better the day will be

More details to follow



STEPHEN MINISTRY

Introductory Workshop Greece Baptist Church October 7, 2017

9:00 a.m.—1:00 p.m.

Half Day Workshop Featuring:

Session 1:

Ministering to Those Experiencing Grief Session 2:

An Introduction to Stephen Ministry
Session 3:

How to Care in a Distinctively Christian Way The Cost is \$15 a person or \$50 per congregation Lets send a lot of us and save money.

Please talk to a Deacon if you can go.



Men's Breakfast 7 a.m.— Tuesdays at Peppermints

Prayer Meeting 9 a.m.— Saturdays

BOCE

11:30a.m.— Sept. 3rd

Choir Practice 6 p.m.— Sept. 7th

Advisory Council 7 p.m.— Sept. 11th

Deacon's Meeting 10 a.m.— Sept. 14th

Bible Study 7 p.m.— Sept. 17th

Family Potluck September 17th

Trustees' Meeting 6:30 p.m.— Sept. 19th

Cabinet Meeting 6:30 p.m.— Sept. 26th



Sept. 3 - Gretchen Young

Sept. 5 - Clara White

Sept. 8 - Zachary Dubois

Sept. 17 - Connie Harper

Sept. 19 - Erick Pires

Sept. 22 - Laurel Heisig

Sept. 27 - Dustin Pires

Sept. 28 - Charles Bixby

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A Note from our Missions Committee:

Our Collection for the Noisy Offering for Cameron Food Ministry was \$65.00 in August. Our last meeting was held on August 18th and our next scheduled meeting is October 27th. The Noisy Offering for September will be given to Evy and Evie's Food Ministry. Our next special offering is the World Mission Offering to be collected in October. We thank everyone for your continued support. Your continued support inspires us to work harder to make the Church Mission Ministry a success. We are also in the Process of reviewing our total annual fiscal commitments for the budget for 2018 with much love to all of you and again thank you for your generosity.

> Patricia Floyd Committee Chair



"I lift up my eyes to the hills. Where does my help come from? My help comes from the Lord, the Maker of Heaven and Earth" Psalm 121:1-2

I know this is an evangelical passage, but it has had a different meaning for me lately. What is your hill? What is your huge hurdle that you end up focusing on? Maybe it is finances or a health crisis, I'm not sure. For us, our "mountain" has been Olivia's lengthy adoption. So, truthfully, I have found my eyes on the "hill", on the obstacles, saying as the psalmist did, "Whose gonna help us?". "Is this adoption ever going to go through?".

The Lord really convicted me. My help comes from the Lord, the Maker of Heaven and Earth. Are we focusing on the struggle or on our promised Help? Honestly, often I have focused on the struggle. But that doesn't give the Lord much faith to work with does it. And focusing on the struggle doesn't allow the joy of the Lord in our hearts. So I challenge us today, to take our eyes off the struggle to the Helper. I have a feeling testimonies are to come.

We are going to court on Thursday, eight bumpy hours away. Hopefully we will be adopting Olivia then. Prayers appreciated.

"Beautiful Feet" door to door ministry has been going great. In such a communal culture, visiting is an honor. Door to door visits are normal. Our pictured team has shared the Gospel, and prayed with Muslims. One lady is now attending church, and a few have prayed to know the love of Jesus.

I had an opportunity to help a baby having an asthma episode. Mom had brought her to a lab trying to get help. Unfortunately, labs only test malaria and specimens. They don't treat asthma. It was a God moment, I was there (testing Olivia) and able to asses and offer advice to mom. It felt like a divine appointment in which God used my pediatric nursing background.

Tutoring is going great. We are really close to finishing the 2nd and 3rd class-rooms, Praise God!

We are praying about re-opening a kid's program now that the church is no longer in conflict. We appreciate prayers about this.

Thank you for your prayers and your generosity. God bless you. How can we pray for you?

Michelle and Dave and Olivia Heed

Hurricane Harvey's Destruction and Aftermath

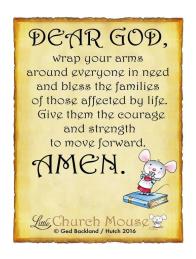


Many have expressed concern over the plight of so many people affected by Hurricane Harvey and what we can do to help. Obviously, we can lift up in prayer all those who have been devastated by the loss of loved ones, irreplaceable personal possessions, homes, vehicles, etc. As we learned with Hurricane Katrina, the healing process will take a long time.

As a people we have watched the news reports showing the devastation and our hearts are grieved by the human suffering all of us have seen since the storm made landfall. We are being asked as a Church to dedicate time this week to pray for the safety and well-being of all affected by the storm. We can also express our love for them by giving to the One Great Hour of Sharing (OGHS).

You can make out a check to the West Henrietta Baptist Church and in the memo line designate the money to "Hurricane Harvey—OGHS. WHBC will then send the designated money to the One Great Hour of Sharing.

100% of donations given to One Great Hour of Sharing will go to relief efforts;



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ABC/Rochester, Genesee Region 2017 Annual Gathering



Friday, September 22

9:00-2:00 **Spirituality Retreat**

Pastors and church leaders The Baptist Temple 1101 Clover Street Rochester

7:00 p.m. 190th Anniversary

Worship Service
Reception following

Location: TBD

Saturday, September 23 9:00-3:00 <u>Annual Gathering</u>

Speakers, Workshops, Discussions

Greece Baptist Church 1230 Long Pond Road Rochester

3:30 p.m. **Delegate's Meeting**

Greece Baptist Church 1230 Long Pond Rd.

Rochester



Anyone who has suggestions, questions or ideas to help improve the Deacon's Ministry please see a Deacon. We want to improve our service at WHBC.

Remember—Bible Study begins with the study of 1 Corinthians on September 14th at 7 p.m.

Families participating in Family Sunday include: Kathy Gosnell, Barb Miller, Don Peoples, Joyce Shutts, Joanne Wilbert and Gretchen and Michael Young.



"The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart." -Helen Keller